

192D TACTICAL FIGHTING GROUP

VANGUARD



VIRGINIA AIR NATIONAL GUARD

26th Year, No. 11

Byrd IAP, Sandaran Maryinia

November 1982

Mobility exercise set this UTA

There is a Medility Exercise scheduled for Saturday, November 13. A number of changes in the processing procedures have been made since the ORI in May. Listed below are the major changes and how they effect processing.

**Personnel upon leaving the unit area will go to the transportation bay of the supply building for baggage check-in. APT will accept baggage and give the baggage in-check briefing and then direct the troop commander to lead his people to the O&T building for processing. (For this drill only, all people will enter through the dining hall entrance.)

**The Mobility Processing Unit is set up in the CBPO area. The troop commander will keep the element together at all times so that once the last person has cleared the MPU, they will be marched to the hangar for the Air Passenger Terminal briefing. APT briefing is in Room 205 (Classroom) and holding area/office is next door in the chapel.

**The Transportation Control Unit and all its offices' are now in the Resourse Management Squadron Orderly Room area of the supply building.

The Air Cargo Terminal area and offices have not changed.

The Sub-Motor Pool area and offices have not changed.

The 0815 Concept Briefing will take place in the APT briefing room (Rm 205 of hangar).

Tuition assistance deadline nears

All requests for tuition assistance for the Spring Semester at four year colleges and Winter Quarter at two year colleges must be submitted to The Adjutant General's Office, Attn: VAPA-AO, not later than 10 December 1982.

Flu shots
this UTA

Buttner, Martin selected as outstanding Guardsmen

By 2LT RALPH BARKER

In May 1982, a new 13 d Tac For Gp Regulation, 900-3 became affective which changed the Santy Award Program responsibility from the Group Safety Office to the Consolidated Base Personnel Office (CBPO). Also changed was the from the day of the awards. The program not selects members on a sent much basis, rather than a quarterly basis. Squadron Commander and Supervisors are strongly encouraged to become familiar with 1924 PO 200-3 and submit names of day of the confirment from their squadron, as required by the regulation.

The program is designed to provide for recognition of exceptional leadership by airmen in military, social, cultural, religious, etc. activities exceeding that of their peers.

The Outstanding Sonor Noncomaissioned Officer selected for the period Januard to June 1982 was CMSgt Herbert L. Butter, Senior Enlisted Advisor for the Virginia Air National Guard. Chief Buttuer, who lives in Highland Springs works full time as a Computer Specialist in the technician program with the Virginia Air National Guard. He began his military carror with the





Virginia Army National Guard in 1948, and his service has included more than 50 combat missions as a B-26 tail gunner during the Korean War. In addition to his many involvements within the unit, Chief Buttner is very active in the Richmond Chapter of the Air Force Association where he presently serves in the office of treasurer for the Association.

TSgt Charles H. Martin Jr. was selected as the Outstanding Noncommissioned Officer for the period January to June 1982. Sgt Martin is employed as an Electronics Integrated System Mechanic with the Virginia Air National Guard. He is assigned to the 192d CAMRON where he works militarily in the same position as his technician position. He is married with 4 children and resides in New Kent County. He is an active member of his church where he serves on the board of Deacons and is presently the church treasurer as well. In his community, he is also active, where he serves as Assistant Scoutmaster with Boy Scout Troop 562. Sgt Martin was recently graduated from J. Sargent Reynolds Community College with an Associate Degree in Applied Science in Accounting. He was graduated with

Magna Cum Laude honors.

Sunday Services

Sunday 0830 - General Protestant 0915 - Mormon 1300 - Catholic Mass



Your Chaplain is available to you and your family 24 hours a day. Do not hesitate to call him if you think he can help or assist you in any way. His telephone numbers are: "A"-387. "C"-66, or 737-0635 (Home) and 737-1527 (Church).

The gifts of God

By MAJ XEL SANT'ANNA

Thanksgiving season reminds us of one thing we should never forget; the bountiful goodness of God. Our blessings and privileges are too many to be counted. Many of them are taken for granted that we don't even recognize those blessings as such. It is extremely easy to forget and to ignore or take the dangerous attitude that says, "it is here, I'll receive my part."

In creating this beautiful universe and assigning the humankind the task to care for it, God has established that his gifts are to those who are prepared to work for them; not for persons that are lazy, but for those who are prepared to toil for them. The miracle of creation is not to be seen in ready-made things that will fall in our lap whenever we need them, but in a series of almost limitless potentialities which we, by thought and labor, must make into realities. Leonardo da Vinci, the great artist, prayed: "thou, O God, dost sell us all good things at the price of labor." Thomas Moore prayed: "These things, good Load, we pray for, give us thy grace to labor for."

Life is so designed that lethargy generates disaster, while toil of mind and body begets still greater life and greater gifts.

Among all the gifts God has given us, this is very best: , the courage to work and see sweat as the price for improvement.

Do I have a problem?

By SGT DENISE DELEO

Alcoholism is one of our nation's foremost serious health problems, affecting one out of every twenty people in the occupational environment.

Alcoholism is a psychological/physical dependency on alcohol. It's symptoms can be misconduct, unacceptable social behavior, impairment of duty performance, deterioration in physical or mental health, financial irresponsibility, or poor personal relationships.

The quantity of alcohol consumed is not necessarily the indicator of alcohol abuse, nor is the frequency of use. The alcoholic cannot consistently choose how much or how long he/she will drink. They lose the ability to choose consistently when he/she will drink. This growing preoccupation with alcohol can lead to the ultimate destruction of the individual.

Alcoholics Anonymous, professional and paraprofessional helping agencies have demonstrated that the progression of this condition can be halted and reversed. The individual can be restored to well-being and productive.

As society becomes more and more complex, more stress is placed on individuals in their everyday routines. As stress increases, more people turn to alcohol for "relief". Statistics are constantly rising and the age at which drinking begins is decreasing. "Do I have a problem?" The following questions may give you some insight as to whether you do or do not have a problem with alcohol.

**Do you like to drink alone?
 **Do you regard alcohol as a way
to deal with tensions and anxiety?
 **Do you need a drink at a

definite time daily?

**Have you made promises to quit drinking in the past and broke them?

**Do you find yourself drinking more to achieve the same effect?

**Have you ever had a black-out, a period when you were awake while drunk but cannot recall it the next day?



Thanksgiving

**Do you feel guilty about drinkng?

**Do you find your efficiency and ambition decreasing?

**Do you find your drinking is harming or worrying your family?

**Do you find yourself more moody, jealous, or irritable after drink-ing?

Now that you have answered honestly the questions above how was your score? Social Actions personnel are available to assist you in seeking help as needed. If you have a need please contact Sgt Denise DeLeo, Ext 389. Remember you have to take the first step to begin walking.



LUNCH
13 NOVEMBER 1982

SPAGHETTI W/MEAT SAUCE GRATED CHEESE GREEN BEANS

****SALAD BAR****
ASSORTED DRESSINGS

FRENCH GARLIC BREAD BUTTER

CHILLED FRUIT
COLD DRINK MILK

***** LUNCH COFFEE

14 NOVEMBER 1982

ROAST TURKEY
TURKEY DRESSINGS GIBLET GRAVY
WHIPPED BUTTERE

WHIPPED BUTTERED
POTATOES GREEN PEAS
****SALAD BAR****

ASSORTED DRESSINGS
HOT ROLLS BUTTER
FRUIT CAKE CRANBERRY SAUCE
COLD DRINK MILK COLD DRINK

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COMMANDER:

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PHOTOGRAPHER:
MSG Robert A. Flournov



President honors veterans

WASHINGTON (AFNS) --"The nation is united on Veterans Day to honor the valiant men and women who have unselfishly given of themselves to serve in our armed forces," President Ronald Reagan said as he proclaimed Nov 11 Veterans Day.

"Words alone are insufficient to express our lasting gratitude and admiration to those whose patriotism and courage have ensured our peace and freedom despite threats of tyranny and aggression. Significant disruptions in their lives and other personal hardships have been the price that our nation's veterans have paid so that the rest of us might enjoy the fruits of justice and liberty."

The president's proclamation urged all. Americans to join in public ceremony and private thoughts and prayers for those who have died in our nation's wars and for those who have been disabled.

WASHINGTON (AFNS) -- President Ronald Reagan has proclaimed the week of Nov 7-13 as National Disabled Veterans Week.

"We look to the disabled veterans" the president said, "for inspiration as we strive to improve our military preparedness to further our goal of a lasting peace and freedom."

Few others have demonstrated such courage or endured such hardships for the cause of liberty, the president said in his proclamation.

"The important contributions to national welfare made by these gallant men and women, not only in their military service but also in their later civilian activities, are a source of pride and admiration to each of us and serve as an illuminating lesson in valor and fortitude," the president said.

(Rewrite from Air Force News Service, Oct 7, 1982.)

Student loan program for Guardsmen

The Air Force Aid Society has made available 9% loans to ANG members and their families. There are two types of loans available and they are briefly described below: 1. The General George S. Brown Senior Student Loan Program is a guaranteed student loan program offered to members of the U.S. Air Force (ANG). their spouses and wildow(er)s to assist them in financing their postsecondary education. The student must be enrolled, or accepted for The student admission, on at least a half-time basis at a post-secondary education institution to qualify.

2. The General Henry H. Arnold Student Loan Program is a guaranteed student loan program offered to children of members of the U.S. Air Force (ANG) to assist them in financing their post-secondary full time education.

Both loan programs carry an annual loan limit of \$2500.00 and an aggregate loan limit of \$12,500.00 for undergraduate work. For further details, contact your Unit Career Advisor or the Base Career Advisor, MSG Brooks, Room 4, O&T Building.

OPSEC Update notes Soviet activity

By LTC GEORGE DAVIS

Recently, there was a very interesting article in the Richmond Times Dispatch (copy on current Intelligence Bulletin Board), concerning the high level of Soviet secret agent activity in Virginia. The article listed at least a dozen government facilities located in the eastern section of Virginia, which could be possible espionage targets. They ran from the CIA Headquarters in Northern Virginia to the Oceana Naval Air Station, located on the southeast coast of Virginia.

The article addressed two areas of significance: (1) the facilities listed were fairly well known. (2) high technology is a major target for these agents. While it is quite true that not only Soviet, but also other nations have agents in this country collecting all types of information, one has the tendency to believe that information at our level of operation is of little significance. This is not true. We must remember, that while the Sovalong with other nations are vitally interested in our high technology, they are also very interested in what goes on at the smaller operating units. Keep in mind, they

do not have the restrictions placed on their activities that this government has. They have both vast amounts of money to operate with and also they can draw from a pool of highly motivated and intelligent individuals to collect and analyze the information.

Contrary to what you may be led to believe, these nations are very much interested in what this unit and other similar units are doing. These nations, especially the Soviet Union, do have the time, money, and people to develop this information to serve their best interests. In the event of hostilities, it is units like this one that will be doing the fighting and confronting their armed forces, so needless to

say, they want to know as much about this unit as possible.

This is where YOU come in. You and only you can keep this information about our unit, from reaching these foreign intelligence analyst. I don't believe that anyone will question the fact that the members of this unit know more about the capabilities and limitations of this unit than anyone else. So, let's be sure this information stays inhouse. For example, it may be

interesting information to tell your neighbor that this unit is unable to get a needed item of equipment, some of our personnel are not qualified in their job, and we are having serious problems with one of the systems in the unit aircraft. No one other than people associated with the unit can do anything to solve these problems, so why spread this information? It serves no purpose, other than to negate the efforts of many dedicated people.

Every member of this unit knows that Operations Security (OPSEC) is the efforts which he/she exerts to prevent information of intelligence value from falling into the hands of foreign intelligence agencies, which are always monitoring our activities. At a future date, when this unit is committed to combat, this information, which we furnished, could be used to degrade our military operations. Also, we must not forget that OPSEC responsibilities is not restricted to the people who work with classified materials on a daily basis. It is everyone's responsibility to be aware of the threat these agents pose, and to use sound OPSEC procedures to negate this threat.

'I gave at the office'

Well, it's that time of year again! November is the month that FLU shots will be given by clinic personnel. This is the best month to receive the vaccine because the level of antibodies decreases after 90 days or so. November immunizations cover you during the peak flu months. This year's batch includes the A/Brazil, A/Bangkok and B/Singapore strains of flu. There are thousands of other viruses that can cause flu symptoms, but these are the ones that have been identified as the worst. It would be impossible to protect you from all the others, unless you are willing to take a shot that is a foot and a half long!

All personnel will be required to take the Flu shot this year, with the exception of those who have documented allergies in their medical records. Many times, we hear the claim that their employer gave

them the shot at work, so if you have taken it there, please bring a statement from your employer verifying that information.

The Mobility line will be processing as well as the Flu shot line on Saturday, so we'll handle both of them in the mess hall. Maybe by the November drill, the football strike will be over and the mess hall TV will ease the time for the 20 minute wait.

To those of you who always tell us "I got the flu by taking the shot,—"we would like to say, "That simply means that your body had no antibodies to protect you from the disease." By taking the flu shot, you will build up those vital antibodies, and will be able to continue functioning when everyone else you know is at home, sick!

NOTE: If you miss November, we'll give flu and all other immunizations due in December.

ACSC ADJUNCT COURSE

The ANG has been allocated 22 quotas for a Air Command and Staff College Adjunct Course 22-25 Feb 1983.

This Adjunct Course is to be utilized by ANG members who are currently enrolled in the ECI correspondence course. This course gives those members the opportunity to attend the formal in residence course for a week.

Applications (NGB Form 65) for this course should reach ANGSC/TET NLT 31 Jan 83. Insure that the NGB Form 65 Block 37 indicates current ECI status in the ACSC correspondence course. Indicate on the front of the mailing envelope the name of the course.

Any quotas which are not utilized by the ANG will be given to the Air Force Reserve on 1 Feb 83. Please see MSgt Gates, CBPO, Room 23, O&T Building, to apply for this course.



ADMIN ASSISTANT FOR KEESLER AFB LIAISON OFFICE

Keesler AFB is looking for volunteers to pull 2 weeks annual field training to work in the Liaison Assistance Office. Interested airmen, E-2 thru E-6 with AFSC 70230 or 70250, should coordinate with their supervisor, then contact SMS Kniskern or SMS Mitchell, Autovon 868-4566, for available dates. Orders and funds to support this training must be approved by the home unit. Annual tours can be performed any time during the fiscal year. Quarters are available on base and units should confirm with the Liaison Office as soon as requests have been approved.



A COFFEE FOR NEW OFFICERS' WIVES WAS HELD RECENTLY IN THE CLUB 149. BECKY NEUMAN, VERA HUXTABLE AND GARNETT WOOD WERE INTRODUCED TO THE OTHER WIVES IN ATTENDANCE. PLANS FOR THE HOSPITALITY SUITE AND LADIES ACTIVITIES AT THE STATE NATIONAL GUARD CONFERENCE IN APRIL WERE ALSO DISCUSSED. THE NEXT COFFEE IS PLANNED FOR JANUARY.